

# NASA Task Load Index

## Appendix C: Rating Sheet

### Powered Wheelchair

**Subject ID: \_\_\_\_\_ Run ID: \_\_\_\_\_ With/Without Assistance Date: \_\_\_\_\_**

**Mental Activity:** *How much did you have to think about the task?* **(rating)**

Very Low 0 10 20 30 40 50 60 70 80 90 100 Very High

**Physical Activity:** *How much did you have to adjust the joystick commands?*

Very Low 0 10 20 30 40 50 60 70 80 90 100 Very High

**Time Pressure:** *How hurried or rushed was the pace of the task?*

A horizontal line with 21 vertical tick marks, labeled "Very Low" on the left and "Very High" on the right.

**Performance:** *How successful were you in accomplishing what you were asked to do?*

A horizontal line with 20 tick marks, labeled "Good" on the left and "Poor" on the right.

**Effort:** *How hard did you have to think and physically work to do the task?*

**Frustration:** *How much did you feel in control and how well did the chair drive?*

Very Low Very High

**[Note to Researcher: Score between 0 to 100: 5 for each tick]**